



Personal details

- Asadbek Sultonov
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- +998 99 537 06 42
- Tashkent, Uzbekistan / Andijan, Uzbekistan

Skills

- Patient interaction
- Clinical communication
- Evidence-based medicine
- Literature review: PubMed / Google Scholar
- Research methods and data visualization
- Canva design
- Python
- Statistical software: NumPy, SciPy, Pandas

Languages

- Uzbek - native
- English - advanced
- Russian - advanced
- German - basic

Interests

- Orthopedic surgery and trauma
- Evidence-based patient care
- Independent research using NEJM and PubMed
- Medical apps and Telegram bots
- Reading: Do No Harm; Thinking, Fast and Slow

Profile

PGY-1 orthopedic surgery resident at Akfa Medline University Hospital with a strong interest in trauma and orthopedics, evidence-based medicine, and clinical research. Experienced in journal club preparation, literature appraisal, patient-facing educational materials, and medical website content. Practical background in conference organization, data handling, and basic Python-based research workflows. Motivated to develop as an academic orthopedic surgeon combining clinical practice, research, and medical education.

Education

Medicine - Doctor of Medicine (MD)	2019 - 2025
Central Asian University, Tashkent, Uzbekistan	
High school	2008 - 2019
1-maktab, Andijan shahar	

Clinical & Professional Experience

Orthopedic Surgery Resident - PGY-1	Current
Akfa Medline University Hospital, Tashkent, Uzbekistan	
• Participating in orthopedic inpatient, outpatient, and operative care under supervision. • Assisting with clinical assessment, perioperative workflow, documentation, and patient education. • Developing focused interests in trauma, arthroplasty, arthroscopy, and evidence-based orthopedic practice.	
Research Assistant	Apr 2025 - Present
Akfa Medline, Tashkent, Uzbekistan	
• Conduct literature reviews on PubMed and Google Scholar for journal club sessions. • Develop patient education materials, including surgery information brochures. • Publish medical articles and educational content on the Akfa Medline website.	
Physician Assistant	Jun 2024 - Aug 2024
Neuronet Ultra, Andijan, Uzbekistan	
• Conducted supervised patient assessments to support diagnosis and treatment planning. • Assisted in management of patients with back pain. • Helped administer medications under supervision and created a patient record management platform.	
Teacher	Sep 2022 - Present
Muzaffar Online Education, Andijan, Uzbekistan	
• Helped cofound one of the largest English learning platforms in Uzbekistan. • Interacted with students and provided structured feedback on writing.	
Call Centre Agent	Apr 2025 - May 2025
CAU Pulse, Tashkent, Uzbekistan	
• Collaborated with team members to streamline processes and improve service delivery.	

Courses & Certifications

- USMLE Step 1 - Passed
- AHA ACLS Certificate
- AHA BLS Certificate
- Introduction to Machine Learning - SoloLearn
- Meta-analysis Academy graduate
- Regular attendance at online medical webinars, including Healio and Cleveland Clinic educational sessions

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Research Experience

- Published paper: "Assessing medication adherence and identifying barriers to adherence among patients with type 2 diabetes mellitus in Uzbekistan" - Asadbek Sultonov, Mukhammadbektosh Khaydarov, Malika Oblokulova, Zulaykho Shamansurova, Zamira Khalimova.
- Presented poster: "Telemedicine in the Treatment and Control of Diabetes" at an endocrinology conference at Central Asian University.

Extracurricular Activities

- Helped organize CAEC25: website management, doctor registration support, programme brochure creation, and logo design support.
- Volunteered as a medical interpreter and case presenter for the Center of Endocrinology.
- Interviewer and social media manager at "Oddiy Talaba" voluntary organization.

Achievements

- 1st place - Central Asian University Medical Olympiad "Medicine of the Future 2024".
- 1st place - Medinnova CAU for best science project and poster.
- 1st place - IV International Olympiad for Medical Students "Samarkand-2020", Neurology, 2024.
- 3rd place - IV International Olympiad for Medical Students "Samarkand-2020", Neurology, 2023.
- Participated in the Harvard Business Case Competition and qualified for the semifinals.